

2010

FIRE

PRESENTED BY:
PARKER
CONSTRUCTION



Windsor, Ontario, Canada

FEST

AUGUST 20 & 21

PROCEEDS BENEFIT:



Transition
to Betterness

2010 INFORMATION PACKAGE



- Event Summary
- Event Schedule
- *“The Toughest 2 Minutes in Sports !”*
- Raising Much Needed Funds



Event Summary:

The HOTTEST 2 day family event of the summer is coming to downtown Windsor on **August 20 & 21**. FIREFEST attracts firefighters & friends from across Canada and the USA for this regional stop. Corporate, Media and Station relays take place Friday night and the professionals take to the course on Saturday.

The Toughest 2 Minutes in Sports ! As seen on TSN, ESPN2 and Versus - the Firefighter Combat Challenge was developed to showcase physical fitness, inside and outside the fire service. The Challenge is about people doing their job safer and better. 3 to 5 person teams compete individually against the clock. The Challenge tasks are timed and completed sequentially.

The event features Windsor's "Team Parker Construction" who are 2-time World Champions and 5-time Canadian Champions. The Windsor team is competing in the Firefighter Combat Challenge for its 13 year. During this time, the team has donated their season winnings to Windsor fire departments - equaling over \$130,000 worth of fire equipment.



TD Waterhouse - Corporate Team Champions 2009

2010
FIRE **FEST**
 AUGUST 20 & 21
 Windsor, Ontario, Canada

Event Schedule

Windsor Riverfront Festival Plaza

Friday, August 20:

- **Corporate and Media Combat Relays**
- Live Entertainment
- **Admission is FREE.** Bring the whole family.



Saturday, August 21:

- Opening Ceremonies
- **Western Ontario Regional for the FIREFIT Firefighter Challenge**
- **KIDZONE**
- **Admission is FREE.** Bring the whole family.





The Toughest 2 Minutes in Sports ! The Firefighter Combat Challenge was developed to showcase physical fitness, inside and outside the fire service. The Challenge is about people doing their job safer and better. 3 to 5 person teams compete individually against the clock wearing full turnout gear (helmet, coat and pants with liners, boots, and gloves). The Challenge tasks are timed and completed sequentially.

THE TASKS ARE:

Task 1: Stair Climb with High Rise Pack

The first element is the high-rise pack carry.

The 100' 1.75 inch fire hose (42 lb.) may be carried in any manner, but must be deposited in the container on the top floor (equivalent to a 5 story building) of the tower (42 ft., 6 sets of risers with 10 steps each). The hose pack must stay in or on top of the box or the competitor is assessed a 5 second penalty. The handrails may be used in climbing the tower and steps may be taken in multiples on the way up or down the tower.

A flashlight baton is then handed off to your teammate.



Task 2: Hose Hoist

A 45 lb donut roll of fire hose and 5/8" rope are used for this element.

The competitor is not allowed to stand on anything other than the top platform while hoisting. This element is complete when the roll clears the railing of the top of the tower and is placed in the container

The donut roll must stay in or on the box; failure to do so results in disqualification. A fallen donut roll may not be retrieved.



2010
FIRE **FEST**
AUGUST 20 & 21
Windsor, Ontario, Canada



Task 3: Forcible Entry

The Forcible Entry evolution utilizes a Keiser Force Machine (a chopping simulator). Using a 9 lb. shot mallet provided, the competitor must drive the 165 lb. steel beam a horizontal distance of 5 ft. Pushing, raking or hooking the beam is not allowed; it must be struck only by the head of the mallet.

The handle must not come in contact with the beam at any time. Also, both hands must be above the tape mark on the handle (12 inches from the head end) at the point of impact. The upper edge of the beam will be covered with pressure sensitive tape, making infractions visible when a mark appears on the tape. The competitor will receive a warning for the first handle strike that makes a mark. A 5 second penalty is assessed for each infraction thereafter. The hammer must be dropped onto the 2' x 3' matt and remain touching or a 2 second penalty is assessed.



Task 4: Hose Advance

After advancing 140 feet, the competitor must pick up the nozzle end of the 1.75" charged Hi-Combat hose line (it must be grasped and pulled forward of the tape line 5 ft. from the tip) and drag it a distance of 75 ft. Once the nozzle crosses the 75ft. stripe, the competitor opens the nozzle, hits the target with the water stream, shuts down the nozzle and places the nozzle on the pavement. Opening the nozzle before it crosses the 75 ft. stripe is a 2 second penalty. If the nozzle is not shut before it is placed down, the competitor must go back and close it. If the nozzle opens again after hitting the ground, there is no penalty and the competitor can continue to the victim rescue.



2010
FIRE **FEST**
AUGUST 20 & 21
Windsor, Ontario, Canada



Task 5: Victim Rescue

A 175 lb. Simulaid Rescue Randy mannequin must be dragged backwards a distance of 100 ft. Carrying the dummy is not permitted. The mannequin must not be grasped by its clothing or appendages. Time stops when the competitor and victim completely crosses the finish line.



THE FINISH LINE

The Challenge may only be performed by medically cleared fire/rescue personnel, since these tasks, like firefighting, require near maximal effort. An acceptable time is 5:00 minutes and an excellent time is 3:00 minutes or less. The team time consists of the top three competitor times from each team. The 3 top placing teams from each Regional Event earn byes into the final day of the Canadian National Championships.



WEBSITES:

www.windsorfire.com
www.firefit.com
www.firefighterchallenge.com





Raising Much Needed Funds For:



Transition *to Betterness*

T2B is a local grass root not-for-profit organization that was established in 1997. Their mission is to create a comfortable and compassionate hospital setting for cancer patients in families in our community. In addition, T2B is devoted to supporting other unique projects to benefit those touched by this disease. All funds raised from the Fireman's Corporate Challenge this year will go towards T2B's ongoing oncology programs at Windsor Regional Hospital, Hotel Dieu Grace Hospital, Leamington Memorial District Hospital and Windsor's Paediatric Oncology Satellite Unit. To learn more about T2B and their ongoing programs visit their website at www.t2b.ca .