

Red Cross Personal Preparedness Workshop



Canadian Red Cross - Windsor/Essex Branch

Are YOU prepared to protect yourself and your family in the event of a disaster?

Imagine if a house fire, tornado or flood forced you and your family from your home. Your first thought would be for their safety and comfort – but would they know what to do? Where to go? Are you prepared?

Many Canadians don't think it will happen to them, but in recent years, disasters have forced more than four million Canadians from their homes.

Disaster preparedness begins with you. Make sure everyone in your family knows what to do before, during and after an emergency.

Learn how by participating in a personal preparedness workshop.

You can learn:

- How to determine the risks in your community
- About the different types of disasters that can affect you
- How to assemble an emergency preparedness kit
- How to develop an emergency evacuation plan

For more information please contact:

Donna Girard

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Canadian Red Cross

Please Note: Course locations are flexible and can be scheduled at a Red Cross Office or off-site. Workshop can be 1 to 2 hours in length. There is no cost associated with this course; however, the Red Cross will gladly accept a monetary donation in support of the local Disaster Management program. Training is available for anyone over 14 years of age. Families, co-workers and all other groups are welcome.