



Fire Safety Tips

for people with disabilities



Most fire deaths happen in the home. Everyone should have a fire escape plan and practice how to get out as fast as possible.

Escape Plan

- Develop your escape plan around your abilities and practice it to make sure you can do it. Learn all the ways to get out of your house in a hurry.
- Teach everyone in your household (and your neighbours) what assistance you may need.
- If you live in an apartment building, know the location of all exit stairs and arrange for assistance in case of an emergency.
- Choose an outside meeting place for everyone to meet after escaping fire and smoke.

- Keep a telephone or phone with TTD (telecommunication device for the deaf) in your sleeping room within reach of your bed.

Smoke Alarms

- Install smoke alarms on all levels of your home and outside each sleeping area.
- If you are deaf or hard-of-hearing, select smoke alarms with visual alarm (strobe or flashing light).
- Change regular smoke alarm batteries every year.
- Some smoke alarms have 10-year lithium batteries, which last the life of the alarm.
- Test your smoke alarm at least once a month using the test button. Some alarms have features that make them easier to test, such as with a flashlight or the television remote.



Information provided by the National Fire Protection Association (NFPA) and the Centers for Disease Control and Prevention

